Team dynamics

Gruppedynamikker

In this workshop, we will address what it takes to make a high performing team in a PBL environment and provide frameworks for you to reflect on your own team practice. We will discuss what characterizes successful teamwork in problem-based projects and the phases in developing such teamwork. In the exercises, we will challenge you to reflect on and develop your interpersonal competences in a team context and explore how each team member can act as an important carrier of a team-culture that fosters team-dynamics for high performance. We will introduce growth mindsets, projections and appreciative inquiry as some of the corner stones in developing interpersonal competence to foster team dynamics. Finally, we will discuss the important aspect of resilience in teamwork and how different types of resilience can empower the group as a whole.