

Studienævn for Medicin Studienævn for Sundhed og Teknologi Studienævn for Idræt og Folkesundhedsvidenskab Institut for Medicin og Sundhedsteknologi

September 2021

Semesterkoordinators evalueringsrapport for Idræt 2.sem. KA (Uddannelse og semester)

Årstal: Forår 2021

Semesterkoordinator/dato for udarbejdelse af rapport: 12/10/2021 Antal afholdte styrings-/semestergruppemøder på semestret: 2

Bilag vedhæftet: 0

(Referater fra semestergruppemøde skal kun vedhæftes, hvis de ikke tidligere er sendt til studienævn (studienævnssekretær). Semesterevalueringsrapport skal ikke vedhæftes.

Semestret generelt (bemærkninger til forberedelse/opstart, studie-/læringsmiljø, studerendes arbejdsindsats, deltagelse i styrings-/semestergruppemøder og semesterevaluering, administration, fysiske rammer m.m.)

Based on the semester meetings and evaluation, the students' feedback on the semester is generally positive.

The students were satisfied with the information provided during the semester start. The teaching in general lived up to the semester description. The students were satisfied about the group formation despite performing it online introduced some challenges. The students' welfare, due to the limitations introduced by Covid19, was evaluated during the semester groups meeting. Although the students missed interaction with other students, teaching activities and group work proceeded well.

Projektmodul (bemærkninger til forløb af gruppedannelse, forløb af projektgruppearbejde, projektvejledning, sammenhæng mellem projektgruppearbejde og kursusmoduler, statusseminar, eksamen m.m.)

During the semester group meetings, the students indicated that they were satisfied about the projects and the supervision. Despite the meetings were held online, students felt supervisors meetings worked well and all supervisor were praised for their quick email responses. In the semester evaluation, the students reported they had limited access to physical facilities, which is due to Covid19 limitations. One student felt that some learning goals were more difficult to fulfill in the humanistic area. The status seminar was held online, which worked ok, but students felt it was difficult to pay attention for the duration of the seminar.

Kursusmoduler (bemærkninger til kursusmodulers forløb – forelæsninger, caseundervisning, klinik ophold og kliniske øvelser, sammenhæng/progression i/mellem forløb, forberedelse/opgaveløsning/øvelser, eksamen m.m.)

For the course "Effekter af styrke og power træning", the students were satisfied about some of the teaching activities, which worked well even during online teaching. Though, they reported that the following aspects would need improvement:

- The students' involvement during the course, for instance during some of the journal clubs
- The teachers' engagement and their dissemination of the course material, pointing out at the high level of the content of some of the lectures

Compared to the previous years, the students did not report overlapping with other courses nor the need for more feedback from the teachers, thus those aspects have been improved.

The course "Coaching og anerkendelses betydning for individ og fællesskab" has greatly improved from the previous year and has received very positive feedback from the course evaluation and at the semester groups meetings. The students appreciated the teaching activities and the exam form. The teachers have been praised for involving the students during the course. The course does not need action points.

The course "Organisering af talentudvikling og sundhedsfremme (valgmodul 2a), as in the previous years, has received a very good feedback and teachers were praised during the semester group meetings and in the course evaluation.

The course "Neuromuskulære tilpasninger til fysisk aktivitet og træning (valgmodul 2b)" has been greatly affected by the reduction of teaching hours due to the low number of students. Due to this reduction, and the extensive self-study activities, the students reported having difficulties in the communication with the teachers and with their own engagement level.

Action points/planlagte tiltag

For the course "Neuromuskulære tilpasninger til fysisk aktivitet og træning (valgmodul 2b)" in case in the future the will be the need for a reduction in teaching hours

- the teachers will consider developing a self-study guide to improve students' involvement.
- the distribution of confrontation hours could be improved to avoid having entire modules of the course based only on selfstudy.

For the course "Effekter af styrke og power træning"

• the journal clubs sessions will be performed in similar ways to allow a high involvement of the students in all sessions.

- the level of the material presented in some of the lectures will be adapted to meet the students' background knowledge.
- The course responsible and the researchers teaching the course will change in the next semester. The new course responsible will be made aware of the points raised by the students about communication, teachers engagement and their dissemination of the course material

For the semester in general, the semester coordinator will organize a meeting with course responsible and supervisors where solutions for more student activities to increase study intensity should be discussed and developed

Evt. andre kommentarer

The new curriculum from the next year may allow to improve the content of the semester. Some of the courses of this semester will stop running, while others will be modified.